

Take part in FREE Challenging Behaviour Workshops

to understand challenging behaviour and learn skills to prevent & respond to your child's behaviour



About the workshops

For parents, grandparents or siblings of children and adults who have severe learning disabilities.



Reduce challenging Behaviour



Gain confidence in supporting your relative



Improve your family life

Workshop details



This is a 2 part workshop, you will need to attend both dates of a set:

10am - 2.30pm

Set 1: 25th March and 29th April

Set 2: 31st March and 28th April

Set 3: 27th April and 18th May



Location

Workshops are held online via Zoom.



Workshops are free

If you would like to attend or find out more contact:

Email: info@thecbf.org.uk

Telephone: **01634 838739**

Please note places are 'first come first served'.

challengingbehaviour.org.uk

The workshops are for parents, grandparents and siblings of children and adults with severe learning disabilities.

Please use this checklist to ensure the workshops are suitable for you and the child, young person or adult that you care for.

	Yes	No
1. Does the person you support have a severe learning disability?	<input type="radio"/>	<input type="radio"/>
2. Does he/she have either no speech or limited communication skills?	<input type="radio"/>	<input type="radio"/>
3. Does he/she have a significantly reduced ability to learn new skills?	<input type="radio"/>	<input type="radio"/>
4. Does he/she require support with daily living skills such as dressing or eating (as appropriate for their age)?	<input type="radio"/>	<input type="radio"/>

If you have answered yes to all of the above questions, please contact us to book a place.

Our workshops are specifically tailored to families who have a relative with a severe learning disability. If you've answered no to any of the above questions, the organisations below may be better able to support you.

Other useful organisations

Contact

0808 808 3555: Helpline for parents and carers with a disabled child from birth to 25 years.

Understanding your child's behaviour

Family Lives

0808 800 2222: Helpline for families with information and advice on any aspect of parenting and family life.

Teenage behaviour advice

National Autistic Society (NAS)

Online advice: [Information about behaviour](#)

Cerebra

0800 328 1159: Helpline and advice for families of children with brain conditions.

Managing Challenging Behaviour

Newbold Hope

Resources and training for families who have a child with SEND.

Our Resources